

GUIDE

Terms and Conditions for Your Yoga Business

Establishing terms and conditions is essential to building a safe, trustworthy, and sustainable business. Nineteen sections to use as your framework.

YOGAPROS

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Compliance & Safety



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◆ INTRODUCTION

This template provides a practical starting point for planning, recording, and reviewing your professional practice. Adapt it to suit your role, teaching environment, students, and any relevant legal, safeguarding, or insurance requirements.

◆ HOW TO CREATE TERMS AND CONDITIONS

Clear, relevant, easily *understood*.

For professional yoga teachers, establishing terms and conditions is essential to building a safe, trustworthy, and sustainable business.

Keep your terms straightforward, ensuring they are clear, relevant to your teaching, and easily understood by your students.

Use the following sections as your framework.

1. Introduction

Begin with the essential information and the option for students to request the terms in alternative formats. Include:

- your business name
- your contact details
- any relevant business or registration information
- a short statement explaining that by booking or attending your classes, students agree to your terms and conditions

This section establishes the context and explains the importance of the document.

2. Definitions

Define key terms used throughout the document. For example:

- **Classes:** your yoga sessions or services
- **Student:** the person attending or booking
- **Teacher:** you, or any other instructor delivering the class
- **Services:** classes, workshops, courses, private sessions, or online offerings

This prevents confusion, particularly if you offer multiple services.

3. Enrolment and Booking

Describe the process for booking and joining your classes. Include:

- how bookings are made, such as through your website, an app, email, or in person
- what information students need to provide
- how booking confirmation is issued
- how students should tell you about changes to their contact details
- how students should update you if their health condition or medical information changes

If students must complete forms before attending, specify this requirement.

4. Payments

This section should clearly explain your payment process. Include:

- the cost of classes, packages, courses, or other services
- which payment methods you accept
- when payment is due
- whether payments are refundable
- your cancellation and refund policy
- whether any cancellation charges apply

Be specific. If your refund policy varies based on notice periods, missed classes, or package expiry dates, state these details clearly.

5. Class Policies

Students should understand how your classes are structured and what is expected. Include:

- your expectations around attendance and punctuality
- what happens if someone arrives late
- whether students can leave early
- any class etiquette you expect, such as phones being switched off or respectful conduct in shared spaces

This approach helps prevent minor issues from becoming recurring problems.

It's also wise to include a section in your terms and conditions that addresses force majeure, unexpected events outside your control, such as extreme heat, severe weather, or emergencies. This makes it clear to students that there may be times when classes need to be cancelled or rescheduled for safety reasons, and outlines how you will communicate these changes.

6. Health and Safety — *this section matters*

As a yoga professional, your duty of care extends beyond delivering a good class. Students need to understand what information they are responsible for sharing, and you need to be clear about the limits of your role. Include:

- a statement asking students to tell you about injuries, medical conditions, pregnancy, recent surgery, or anything else that could affect participation
- a reminder that students are responsible for working within their own limits
- any safety guidance relevant to your classes, such as venue emergency procedures
- wording that explains participation is at the student's own risk

Exercise caution with liability waivers. A disclaimer can support your terms, but it does not replace your professional responsibilities, insurance requirements, or legal obligations. If you are uncertain, seek legal advice.

7. Personal Property

Present this section simply and clearly. State that students are responsible for their belongings and that you are not liable for loss, theft, or damage to personal items brought to class.

8. Code of Conduct

A professional class environment relies on respectful behaviour. Include:

- an expectation that students treat you and other students respectfully
- that harassment, discrimination, intimidation, or disruptive behaviour will not be tolerated
- what action you may take if someone breaches that standard, such as refusing entry or ending their participation

This is not intended to be harsh; it is to protect the safety and wellbeing of all participants.

9. Intellectual Property and Data Protection

If you create teaching materials, online content, recordings, handouts, or course resources, clearly state that these remain your property unless otherwise specified. Include:

- that class materials, videos, written content, and resources remain your property
- that students must not copy, share, reproduce, or distribute your materials without permission
- any rules around recording classes or taking screenshots in online sessions

If your website links to third-party teachers, products, or services, include a statement that you are not responsible for the accuracy or content of third-party websites.

If you are based in Europe or collect data from individuals in Europe, explain how you handle student information in accordance with data protection laws, including GDPR where applicable. This information is typically included with or linked to your privacy policy.

10. Changes to Your Terms and Conditions

Reserve the right to update your terms as necessary. Include:

- that you may amend the terms from time to time
- how students will be notified, such as by email or through your website
- when updated terms take effect

This approach helps prevent confusion as your business evolves.

11. Governing Law

State which country's laws apply to the agreement.

If you are based in the UK, specify whether the agreement is governed by the laws of England and Wales, Scotland, or Northern Ireland.

12. Contact Information

Conclude with clear contact details so students know how to reach you with questions regarding your terms and conditions. Include:

- email address
- phone number if relevant
- business address if appropriate

◆ GOING FURTHER

Seven sections worth *considering*.

13. Accessibility and Inclusion

Consider including a brief statement affirming your commitment to accessibility, diversity, and inclusion. You may wish to note your willingness to make reasonable adjustments for students with disabilities or specific needs, and your openness to feedback on making classes more welcoming.

14. Communication Policy

Clarify how you will communicate with students about class updates, cancellations (including force majeure events), or emergencies — such as by email, SMS, or app notification. Let students know the best way to contact you and what response time to expect.

15. Children and Minors

If you allow children or teens to join your classes, specify the minimum age for participation, requirements for parental or guardian consent, and any specific rules for under-18s.

16. Online and Hybrid Classes

If you offer online or hybrid classes, include a note about the technical requirements, student responsibility for a safe practice environment at home, and online etiquette (e.g., camera use, background noise, appropriate attire).

17. Photography and Social Media

State your policy on photos and videos taken during class, including how images may be used for your website or social media. Provide a way for students to opt out if they do not wish to appear in photos or videos.

18. Complaints and Feedback

Outline a simple process for students to raise concerns or provide feedback, showing your commitment to professionalism, safety, and continuous improvement.

19. Insurance

Briefly mention that you hold appropriate professional insurance, reassuring students of your professional standards and compliance.

IMPORTANT

This checklist is provided for general awareness, professional orientation, and reference only. It is an example of points you may wish to consider and is not exhaustive, nor is it a substitute for professional legal, tax, insurance, safeguarding, or other advice specific to your individual circumstances.

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*A Learning Hub resource from the Compliance
& Safety team — helping members teach with
confidence.*

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YogaPros Learning Hub — Compliance & Safety

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